

# Proofpoint Essentials Security Awareness

## TRAINING MODULES

### A UNIQUE, EFFECTIVE APPROACH TO SECURITY AWARENESS FOR SMBs

Proofpoint Essentials Security Awareness provides training based on research-proven Learning Science Principles that help improve the effectiveness of cybersecurity education, designed specifically for SMBs. Our training modules are designed to help you deliver the right training to the right people at the right time.

- Available in interactive and game-based formats to effectively cater to all learning styles.
- Lessons are brief and focused. Each module takes only 5 to 15 minutes to complete, on average.
- Mobile-responsive design allows users to take training anytime, anywhere on any connected device.
- Interactive modules conform to the U.S. Section 508 standard and the Web Content Accessibility Guidelines (WCAG) 2.0 AA standard.
- Modules are available in 35+ languages. Professionally translated and localized content with regional specific references delivers engaging training for employees around the globe.
- Flexible, on-demand format minimizes disruption to daily work routines. Continuous updates ensure that training is relevant and up-to-date.

#### Securing Your Email—Fundamental Series

##### **Introduction to Phishing**

Teaches users how to recognize email traps and avoid phishing scams.

##### **Avoiding Dangerous Attachments**

Focuses on identifying and avoiding dangerous email attachments.

##### **Avoiding Dangerous Links**

#### Password Protection Series

##### **Beyond Passwords**

Explains how to use PINs and passphrases to secure devices and accounts.

##### **Multi-Factor Authentication (MFA)**

Focuses on adding an extra level of security to accounts using multi-factor authentication.

##### **Password Management**

Explains common email traps and how to avoid dangerous links.

#### **Data Entry Phishing**

Teaches users how to identify and avoid scams that request personal or sensitive data

Explores best practices and strategies for safely managing passwords.

#### **Password Policy**

Teaches users how to create passwords compliant with your company's policy.

### **Additional Training**

#### **Email Security**

Teaches users how to identify phishing emails, dangerous attachments and other email scams.

#### **Mobile Device Security**

Explains physical and technical safeguards for protecting devices and data.

#### **Safe Social Networking**

Shows users how to use social networks safely and responsibly.

#### **Security Essentials**

Explores security issues commonly encountered in daily business and personal activities.

#### **Social Engineering**

Teaches users how to recognize and avoid social engineering scams.

#### **Safer Web Browsing**

Focuses on staying safe on the internet by avoiding risky behavior and common traps

### **ABOUT PROOFPOINT**

Proofpoint, Inc. (NASDAQ: PFPT) is a leading cybersecurity company that protects organizations' greatest assets and biggest risks: their people. With an integrated suite of cloud-based solutions, Proofpoint helps companies around the world stop targeted threats, safeguard their data, and make their users more resilient against cyber-attacks. Leading organizations of all sizes, including more than half of the Fortune 1000, rely on Proofpoint for people-centric security and compliance solutions that mitigate their most critical risks across email, the cloud, social media, and the web. More information is available at [www.proofpoint.com](http://www.proofpoint.com).

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